



Recipe name:

Chicken & Avocado Open Sandwich

Recipe description:

Try our easy Chicken & Avocado Open Sandwich Recipe – it's a winning flavour combination. Served with a creamy mustard & tahini dressing. A refreshing lunch idea.

Prep time:

10 mins

Cook time:

10 mins

Serves:

1

Made with:

PEPPADEW® Sweet Piquanté Peppers

Course:

Lunch

Occasion:

Quick & Easy / Healthy

Ingredients:

- ½ chicken breast, sliced or shredded
- ½ an Avocado
- 2 Tbsp PEPPADEW® Sweet Piquanté Peppers Mild Chopped
- Sprouts or micro herbs to garnish

FOR THE DRESSING:

- 2 Tbsp tahini
- 1 Tbsp whole grain mustard
- 2 Tbsp lemon juice

Method:

1. Lay out your bread and spread the dressing. Top with mashed avocado, the shredded chicken and PEPPADEW® Sweet Piquanté Peppers.
2. Garnish with sprouts or micro herbs, and serve with a squeeze of lemon.

SERVING SUGGESTIONS:

If you have a jar of PEPPADEW® Sweet Piquanté Peppers Mild Whole or Hot Whole, just chop them up and add to your Chicken & Avocado Open Sandwich.