

Recipe name:

Buffalo-style PEPPADEW® chipotle crunch chicken fillets with chipotle mayo and hot honey chipotle dip

Recipe description:

Crispy, spicy chipotle chicken fillets with a choice of two flavoursome homemade spicy dipping sauces. Turn this into a complete meal with a refreshing carrot and cucumber side salad.

This delicious dish features crispy, spiced chicken strips with a smoky chipotle kick that can be baked, fried or air-fried to golden perfection. Paired with two homemade dipping sauces — a creamy PEPPADEW® Chipotle Crunch mayo and a hot honey chipotle sauce — serve this with a fresh side salad of mixed greens, carrot ribbons and cucumber slices. Ideal for dinner, this dish brings together a delightful blend of textures and tastes that will surely impress.

Prep Time

30 minutes

Cook Time

15 minutes

Serves:

2-4

Made with:

PEPPADEW® Chipotle Crunch

Course:

Lunch / Dinner / Side / Starter

Occasion:

Party Food

Ingredients:

- Lunch / Dinner / Side / Starter3 skinless and boneless chicken breasts, cut into strips (approx.
 3 strips per fillet)
- 280g cornflakes or dried breadcrumbs
- 1 tsp salt
- 2 tsp smoked paprika
- 250g all-purpose flour
- 2–3 eggs
- 3 tsp PEPPADEW® Chipotle Crunch

PEPPADEW® Chipotle Crunch mayo:

- 1 egg
- 4 egg yolks
- 1 tbsp Dijon mustard
- 1 tsp white wine vinegar
- 240ml natural flavoured oil (grapeseed/olive oil/rapeseed)
- 3 tsp PEPPADEW® Chipotle Crunch

Hot honey PEPPADEW® Chipotle Crunch dipping sauce:

- 3 tsp PEPPADEW® Chipotle Crunch
- 150g honey

Side salad:

- 2 large carrots
- 1 medium cucumber
- Mixed salad leaves

Method:

Buffalo-style chipotle chicken fillets

- 1. Slice the chicken breast into strips.
- 2. Place the cornflakes/breadcrumbs into a small zip-closed bag.
- 3. Crush the cornflakes/breadcrumbs with a large plate or rolling pin until the flakes have broken down into crumbs.
- 4. Prepare a large bowl with the flour, salt and smoked paprika. Mix well.
- 5. In a clean bowl, beat the eggs and 3 tsp of PEPPADEW® Chipotle Crunch.
- 6. Coat each strip in the flour, shaking off any excess.
- 7. Then dip into the egg mixture and let any excess drip off.
- 8. Generously roll in the cornflakes.

When ready to cook the chicken

OVEN – Preheat oven to 200°C or 400°F and line a large baking sheet with parchment

paper or a silicone baking mat and place the chicken on it. Spray oil on the chicken and bake for 10 minutes on one side and another 10 minutes on the other.

FRY – Heat 10cm depth of oil in a shallow frying pan until it reaches 175°C. Fry for 4 to 5 minutes on each side until golden. Drain on a paper towel before serving.

AIR FRY – Place in an air fryer basket and spray the tops with oil. Cook in the pre-heated air fryer for 7 to 8 minutes. Flip the chicken, spray again and air fry for a further 7 to 8 minutes. An instant-read thermometer inserted into the centre should read at least 74°C / 165°F and the chicken crust should be golden.

To make the side sauces

Chipotle Crunch Mayonnaise Method:

- 1. Add the egg and egg yolks to a large bowl. Whisk for a few minutes.
- 2. Add the mustard and continue to whisk.
- 3. While whisking, slowly pour in the oil.
- 4. When you notice the mixture beginning to thicken and emulsify, stop pouring and continue to whisk.
- 5. Add the white wine vinegar and continue whisking while pouring the remaining oil. You may want to keep whisking and add more oil for a thicker mayonnaise.
- 6. Once the mayonnaise is to your desired thickness, add 3 tsp of PEPPADEW® Chipotle Crunch.

Hot honey Chipotle Crunch dipping sauce

Method:

- 1. Add the honey and 3 tsp of the PEPPADEW® Chipotle Crunch to a heat-proof small pan.
- 2. Heat over the stove until the honey warms through slightly and becomes runny.
- 3. Add to a heat-proof dipping bowl ready for serving.

Side salad

Method:

- 1. Using a mandoline or peeler, peel the carrot skin and then peel the carrot into thin long strips.
- 2. Slice up the cucumber.
- 3. To put the side salad together, add the mixed salad leaves, thin carrot strips and cucumber.
- 4. Dress with the homemade PEPPADEW® Chipotle Crunch mayonnaise before serving.

SERVING SUGGESTION:

Bring the dish together by serving the warm buffalo chicken strips with both dips and the side salad.