

Recipe name:

Chicken skewers

Recipe description:

Great to PEP UP your BBQ's.

Prep Time

40 minutes

Cook Time

20 minutes

Serves:

6

Made with:

PEPPADEW® Sweet Piquanté Peppers

Course:

Lunch / Dinner

Occasion:

BBQ / Dinner Party

Ingredients:

- 12 wooden skewers, soaked in cold water
- 3 garlic cloves, roughly chopped
- Knob of fresh ginger roughly chopped
- 1 orange grated zest and juice
- 2 tablespoons honey
- 1 tablespoon light soy sauce

- 2 tablespoons vegetable oil
- 24 PEPPADEW® Sweet Piquanté Peppers Mild Whole or Hot Whole
- 8 small skinless boneless chicken thigh fillets
- 2 red onions, cut into wedges

Method:

- 1. Start by making a quick marinade for the chicken thighs. Whizz the garlic, ginger, orange juice & zest, honey, soya sauce and oil with a stick blender.
- 2. Pour over the chicken thighs and marinade for 20 30 minutes.
- 3. To make the kebabs: thread the chicken, onion and PEPPADEW® Sweet Piquanté Peppers onto the wooden skewers, then cook on a griddle pan or over a barbecue for 7 8 minutes each side or until the chicken is thoroughly cooked and golden brown. Turn the kebabs frequently and baste with the marinade from time to time until evenly cooked.

Serving Suggestions:

Serve with a fresh salad.