

## **Recipe name:**

Chicken Powerbowl

#### **Recipe description:**

This healthy Chicken Power bowl recipe is a tasty lunch idea or easy dinner recipe. Made with chicken breast, piquante peppers, avo, lentils & more.

### Prep time:

10 mins

Cook time: 25 mins

Serves: 4

Made with: PEPPADEW® Sweet Piquanté Peppers

Course: Lunch / Dinner

Occasion: Quick & Easy / Dinner Party

## Ingredients:

- 400g grilled chicken breast, sliced
- 200g avocado slices
- PEPPADEW® Sweet Piquanté Peppers Mild or Hot Whole
- 100g charred corn
- 4 Tbsp fresh coriander
- 80g edamame bean
- Juice of 1 lime

- 160g Bulgur wheat, cooked
- 160g yellow split lentils, cooked
- 40g red onion slices
- Salt and pepper

# Method:

- 1. In a bowl, combine the bulgur wheat and lentils together.
- 2. Arrange the rest of the ingredients over the Bulgur wheat and lentils.
- 3. Squeeze the lime juice lightly over and season.
- 4. Serve immediately.