

Recipe name:

Brie & Cauliflower Base Pizza

Recipe description:

A cauliflower pizza crust recipe for a low-carb meal idea. Try this as a dinner recipe or healthy lunch idea. Top with PEPPADEW® Mild Piquanté Peppers.

Prep time:

20 mins

Cook time: 20 mins

Serves: 4

Made with: PEPPADEW® Sweet Piquanté Peppers

Course: Lunch / Dinner

Occasion: Quick & Easy

Ingredients:

- 500g cauliflower, grated and steamed
- 2 eggs
- 1 cup parmesan cheese
- 4 Tbsp PEPPADEW® brine
- Salt and pepper
- 2 Tbsp parsley
- 1 Tbsp almond flour

- 1 cup rocket
- 100g new potatoes, skin on, cooked
- 200g brie, sliced
- 100g PEPPADEW® Mild Piquanté Peppers chopped
- 200g Mozzarella cheese
- Balsamic reduction for dressing

Method:

- 1. Combine the cauliflower, eggs, parmesan cheese, PEPPADEW® brine, parsley, flour and season.
- 2. Bake at 180'c for 10 15 minutes.
- 3. Remove from the oven and layer with brie, baby potato, PEPPADEW® Mild Piquanté peppers and mozzarella.
- 4. Return to the oven until the cheese has melted.
- 5. Remove from the oven, top with rocket and drizzle balsamic reduction over and serve.

SERVING SUGGESTIONS:

Replace the potato with caramelised onion.