

# Recipe name:

Beef in Black Bean Sauce

### **Recipe description:**

Try our Beef Strips in Black Bean Sauce for a tasty dinner recipe & meal idea. Add the PEPPADEW® Sweet Piquanté Peppers chopped and red kidney beans.

## Prep time:

45 mins

## Cook time:

15 mins

### Serves:

4

#### Made with:

PEPPADEW® Sweet Piquanté Peppers

#### Course:

Dinner

# Occasion:

Dinner Party / Quick & Easy

# **Ingredients:**

## FOR THE MARINADE:

- 400g beef strips
- 1 tsp sugar
- 1 salt
- 2 Tbsp dark soya sauce
- 1 Tbsp rice wine
- 1 Tbsp oil

#### FOR THE DISH:

- 1 cup julienne peppers, red, green and yellow
- 2 tsp black bean paste
- 1 Tbsp garlic, chopped
- 2 tsp ginger, chopped
- 1 beef stock cube
- 4 tsp water
- 1/4 tsp sugar
- 4 Tbsp oil for frying
- 410 g red kidney beans
- 4 Tbsp PEPPADEW® Sweet Piquanté Peppers Mild Chopped
- 500g baby marrow noodles, cooked

#### **Method:**

- 1. Combine all the ingredients for the marinade together, and marinate the beef for 30 minutes
- 2. In a pan, heat the oil and add the beef, to brown.
- 3. Add the garlic, ginger and black bean paste.
- 4. Add the stock, julienne mixed peppers water and sugar, and mix well.
- 5. Add the PEPPADEW® Sweet Piquanté Peppers chopped and red kidney beans, remove from the heat and serve over baby marrow noodles.