

Recipe name:

Beef Fillet

Recipe description:

Breath-taking centrepiece recipe for beef fillet steak stuffed with anchovies, bread & PEPPADEW® Sweet Piquanté Peppers served with an easy chimichurri sauce. Perfect for Sunday lunch.

Prep time:

10 mins

Cook time: 40 mins

Serves:

6

Made with: PEPPADEW® Sweet Piquanté Peppers

Course: Lunch / Dinner

Occasion: Dinner Party / BBQ

Ingredients:

- 3 slices stale bread, sourdough or ciabatta
- 3 tablespoons good quality olive oil
- 150 g PEPPADEW® Sweet Piquanté Peppers Chopped, drained
- 4 anchovy fillets, chopped
- 2 cloves garlic, crushed
- 1 tablespoon Italian mixed herbs, dried

FOR THE CHIMICHURRI SAUCE:

- 100 g PEPPADEW® Sweet Piquanté Peppers Chopped, drained
- 2 large bunches Italian parsley, washed
- 2 spring onions, washed
- 4 cloves garlic, peeled
- 45 ml red wine vinegar
- 100 ml good quality olive oil
- Sea salt & freshly ground black pepper

Method:

- 1. To make the stuffing: crumble the stale bread into a bowl and drizzle with the olive oil. Add the remaining stuffing ingredients and mash together lightly with your hands until combined.
- 2. To stuff the fillet, slice open length-ways, and butterfly the meat. Place the filling along the inside and then close the meat and wrap with cooking string to enclose the filling.
- 3. Pre heat the oven to 200°c.
- 4. Sear the meat in a hot pan until golden brown on all sides, place the meat in a roasting pan in the oven for 20- 40 minutes depending on preference to doneness.
- 5. While the meat is cooking, prepare the chimichurri sauce. Place all the ingredients in a food processor and whizz to combine, do not over process, preferably chop by hand so that it creates a nice loose rustic sauce.
- 6. Serve with watermelon and radishes for a colourful salad.